

WORLD SUICIDE PREVENTION DAY



Support Suicide Prevention

SEPTEMBER
10th

no more secrets • no more shame • no more suicides
TOGETHER WE ARE STRONGER



suicideprevention.ca



If you or someone you know has been affected by a suicide, now is the time to speak up.

End the deadly silence of suicide. Let our voices be heard together.

no more secrets • no more shame • no more suicides
TOGETHER WE ARE STRONGER

fold

drop in
any
Canadian
mailbox
no postage
required

Minister of Health

229 Wellington Street

House of Commons

Ottawa, Ontario

K1A 0K9

Every year almost 4,000 Canadians die by suicide. In spite of our alarming suicide rate, Canada has no national strategy for preventing suicides. Now more than ever it is time take action. We call upon the federal government to work with the Canadian Association for Suicide Prevention (CASP) and all it's partners to establish a national suicide prevention strategy. We strongly urge the federal government to use CASP's *Blue Print for a National Suicide Prevention Strategy* as the foundation for building a national strategy and ensure that Canada joins countries such as the U.S., U.K, Australia and most other industrialized countries that have long had their own national strategies.

name

city

If you support the need for a **national suicide prevention strategy** CASP invites you, your friends and family to also sign CASP's **e-petition** by going to our web site or <http://nspscnd.epetitions.net>.

1. Read and sign the action card
2. Trim this sheet in half vertically
3. Fold in half and glue or tape the backs together (or include a letter and use an envelope)
4. Drop in any mailbox, no stamp required
5. Mark September 10th on your calendar to attend your closest Suicide Prevention Day, or organize your own event.
6. Go to suicideprevention.ca, sign our petition and look for an event in your area or suggestions on organizing an event, big or small.
7. Share your event with others by sending details in an email to 0910@suicideprevention.ca



suicideprevention.ca